

# Enjoy Eating



If you have concerns about the range of foods your child can eat then you may find our FOODWORKS program beneficial. Helen Cooper has extensive experience working with fussy eaters to help them go from children who won't try new foods to being a 'tryer' and discovering new foods they can eat.

Bookings through the website [www.gymworksot.com.au](http://www.gymworksot.com.au)